

FIRST UNIVERSITY'S WEEK AT A

GLANCE

MARCH 23 - 29, 2025

"See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland"
(Isaiah 43:19 (NIV))

OUTREACH OPPORTUNITIES



The Outreach Ministry is excited to present our monthly service dates. We are looking for volunteers that have a heart for service and are willing to bless others with your gifts. There are various dates for members and visitors to choose from. Click on the link (<http://bit.ly/1UCalled2Serve>) to register today. Spots are limited. We will continue to update the list monthly; as more volunteering opportunities become available. If you have any questions please email Junia LaFleur at community.service@lusda.org.



**SAVE
THE
DATES!**





Paint and Pizza first meeting occurs THIS Sabbath immediately following Children's Church



Volunteers NEEDED!

Children's Ministry needs YOU to volunteer! We are in need of Sabbath School Teachers

Please speak with a Children's Ministry member after church. Or send an email to children@1usda.org. Or sign up using the following link.

<https://firstuniversitysda.org/cmvolunteer>

Due to the hurricane weather forecast in 2024, the Women's Brunch cruise was cancelled and all payments will be refunded by Adrienne Wilson once the cruise company releases the funds. Thank you for your patience!

Children's Church

Our first Children's Church is happening **THIS Sabbath (11:00 AM)**

We would love the active participation of as many children as possible. Please use the following link, or send an email, to indicate the role your child is interested in. This is a great opportunity for children to explore their interest in ministry.

<https://firstuniversitysda.org/cmvolunteer>
children@1usda.org

Prayer Meeting

Every Wednesday at 7PM
 First University SDA Church

Easter Program

There are several opportunities for the kids to participate in the Easter Program on April 19. They can be engaged with singing, scripture reading, interpretive dancing and role playing. Please get in touch with a Children's Ministry team member after church. Or indicate which role your child is interested in using the following link.

<https://firstuniversitysda.org/cmvolunteer>

May 17th: Graduation Sabbath

If your child is graduating into a new school this year, please let us know ASAP! Complete the form using the following link:
https://docs.google.com/forms/d/e/1FAIpQLSfgfn0rQbsE_YO5KLuifAI1IND8UB5AOZhXK0eEW8aKEzGpAQ/viewform?usp=sharing

Called To Serve T's

If you are interested in purchasing a blue 1U "Called to Serve" T-shirts, please sent your payment \$15 via Zelle or Cash to

treasurer@1usda.org. Include your name and shirt size in the Memo (E.g. Junia/L) If you have any questions, email community.service@1usda.org.

Basketball Games

Please come and cheer for our basketball teams, the Eagles and the Warriors!

Upcoming Games:

3/29: 1U vs. Beracah @ 8PM- 110 Athletes Row Apopka, FL 32703 (Away Game)

4/5: Shiloh vs. 1U @8PM - 6100 Memorial Way (Last Home Game)

*If you would like a t-shirt to show your team spirit, please send payment of \$15 via cash or Zelle (treasurer@1usda.org). In the memo, be sure to include your name, shirt size and color preference (black/blue)

FIRST UNIVERSITY SDA CHURCH
GROW GROUP

WEEKLY BIBLE STUDY

EVERY FRIDAY | 8:00PM
Zoom Meetings

Facilitator: Stacy Jordan

Are you looking to grow spiritually while deepening your knowledge and understanding of the word? Participants in this group will read the books of the Bible together in chronological order, there will be weekly Zoom Meet ups, and in person to recap

FIRST UNIVERSITY SDA CHURCH GROW GROUP



FIRST UNIVERSITY SDA CHURCH GROW GROUP

LOVE COLLECTIVE: CONTEMPLATION AND ACTION

Who:
Anyone interested in forming a collective that is ready to respond in love to the needs of our church and communities. This includes youth and all ages of adults, families, newly married, and single people.

What:
We're living in a time where empires legislate fear and hate, where exclusion becomes the norm. The real work of the church is to show our communities another way, The Way of Love in Action, just like the early church did under the Roman Empire.

Join us as we pray together, seek inspiration by people who have come before us and used their callings to respond in love, and plan together how we can tangibly create a community of love, belonging, and safety for those who are most vulnerable among us. This will be a group of communal prayer, group study, AND collective action.

DATES:
MARCH 28, APRIL 19
MAY 9, JUNE 13

1U Connect for Women

 FOR ALL WOMEN.
ALL BACKGROUNDS

 START AT
TBD

Through intentional fellowship, engaging discussions, and service opportunities, 1U Connect for Women empowers members to deepen their relationship with God and with each other.

Whether navigating life's challenges or celebrating victories, women in this group find support, accountability, and a shared commitment to walking in purpose.

1U Connect for Women is a place to grow in faith, cultivate lasting friendships, and live out God's calling in a supportive and nurturing environment.

FACILITATOR: Adrienne Wilson dr.adriannewilson@gmail.com

Click [this link](#) to join a grow group today!
Interested in facilitating? Contact Kay Lawrence at growgroups@lusda.org

BLEND & BLESSED

Tuesday bi-weekly 7:30pm, Virtual
with Beni and Jessica Jombai

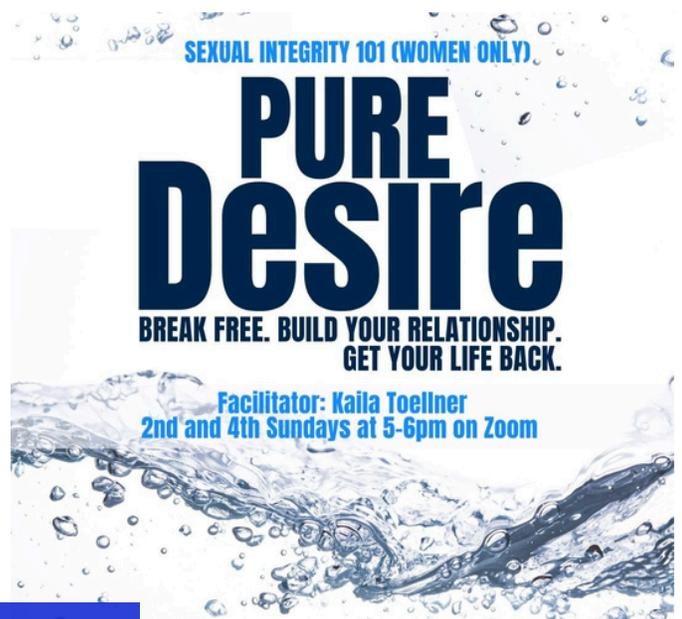


SEXUAL INTEGRITY 101 (WOMEN ONLY)

PURE Desire

BREAK FREE. BUILD YOUR RELATIONSHIP.
GET YOUR LIFE BACK.

Facilitator: Kaila Toellner
2nd and 4th Sundays at 5-6pm on Zoom



GRIEF

THURSDAYS 5-6P
FACILITATOR: KAY LAWRENCE & ELDERS



Click [this link](#) to join a grow group of your choice.
If you're interested in becoming a facilitator, please contact Kay Lawrence at growgroups@lusda.org.



MORNING PRAYER

Mondays & Thursdays
5:30a - 6:00a
with Uriah Millen

[HTTPS://ZOOM.US/J/96343233440](https://zoom.us/j/96343233440)

GATHER AND GROW

AGES 18-35

Sabbath Lunch



Facilitators: Jonathan Copeland, Benjamin Millen, Quincy Charles, Jonathan Cine

PRAYER Warriors

1ST & 3RD MONDAYS
OF EACH MONTH | 8:00 PM ZOOM
FACILITATOR: ROY PARHAM

[HTTPS://ZOOM.US/J/97409392022](https://zoom.us/j/97409392022)



A NEW BELIEVERS GROUP
GROWING IN CHRIST
EVERY MONDAY | 8:30 PM

FACILITATORS:
PASTOR GEORGES FLEURIMOND
& ELDER ERMIDE WOODS

Starts
February 3



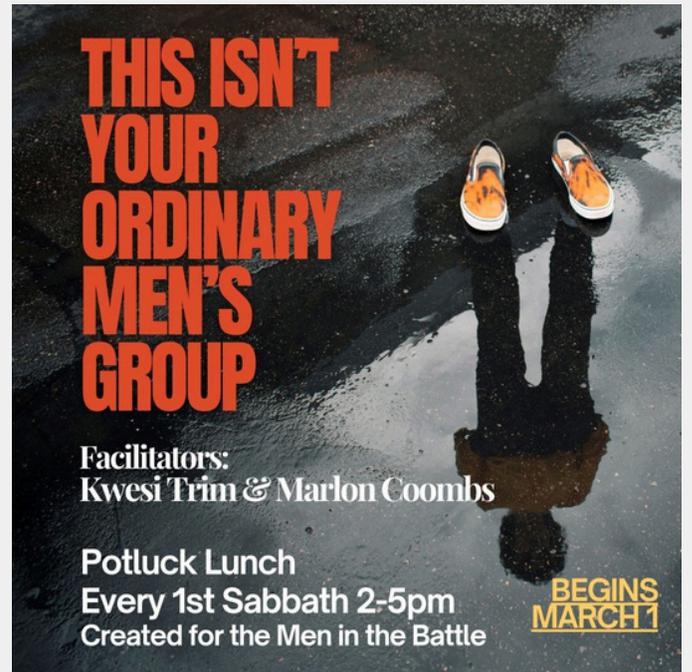
MENTAL WELLNESS
Tuesdays, 6-7pm

Facilitator: Mental Health Professionals



**ADULT
SABBATH
SCHOOL**

EVERY SATURDAY AT 10-11AM
EDUCATION WING



**THIS ISN'T
YOUR
ORDINARY
MEN'S
GROUP**

Facilitators:
Kwesi Trim & Marlon Coombs

Potluck Lunch
Every 1st Sabbath 2-5pm
Created for the Men in the Battle

**BEGINS
MARCH 1**

Click [this link](#) and join a
grow group today!



MORNING PRAYER

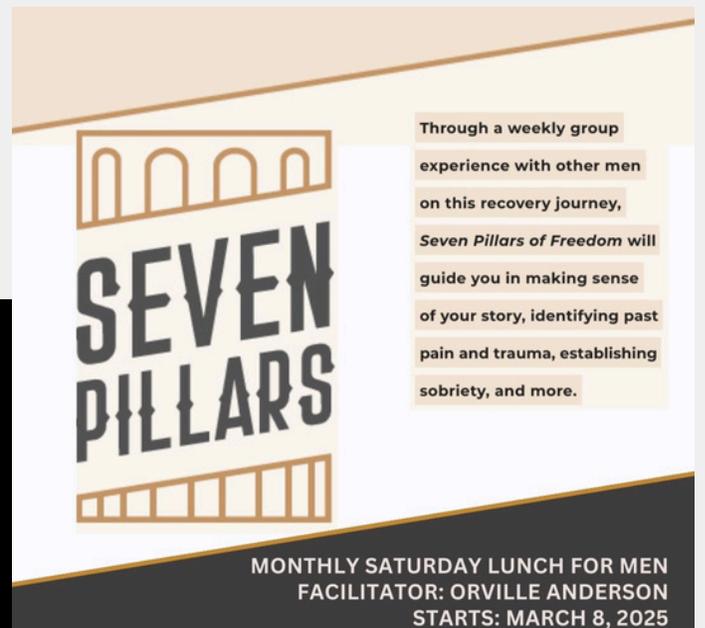
Mondays & Thursdays
5:30a - 6:00a
with Uriah Millen

[HTTPS://ZOOM.US/J/96343233440](https://zoom.us/j/96343233440)



praying changes everything

**7:00P
WEDNESDAY
PRAYER MEETING**
@ FIRST UNIVERSITY SDA CHURCH



**SEVEN
PILLARS**

Through a weekly group
experience with other men
on this recovery journey,
Seven Pillars of Freedom will
guide you in making sense
of your story, identifying past
pain and trauma, establishing
sobriety, and more.

MONTHLY SATURDAY LUNCH FOR MEN
FACILITATOR: ORVILLE ANDERSON
STARTS: MARCH 8, 2025